

Philadelphia

Pulse: At Your Service: Spring-Clean Your Life

SPRING-CLEAN YOUR ... FACE

Goal: Wrinkles, be gone!

How: Hypno-Botox. [Steven Rosenberg](#), a psychotherapist and hypnotist (his clients include the Flyers), will lull you into a hypnotic state and instruct those wrinkle-prone areas — namely, your forehead and crow's feet — to relax the tense underlying muscles that are aging you daily. Twenty-one days later — you leave with your own at-home regimen — your face will look fresher.

Details: \$100 per session.

