

## ➔ **BAD-HABIT ERASER**

**Steven Rosenberg** ➔ If you haven't had success losing weight, kicking the cancer sticks or getting over your fear of flying, it may be time to try psychotherapist Rosenberg, who will hypnotize you on your first visit and send you home with a CD recording of your session that speaks to your subconscious, upping your willpower while you snooze. "I lost 65 pounds in six months," says one Bucks County devotee. "I went in with the mind-set I couldn't be hypnotized, but after three sessions, it really worked." ➔ *8080 Old York Road, suite 206, Elkins Park, 215-782-8414, quititnow.com.*